

The Path of Integrating the Concept of "Curriculum Thought and Politics" Into College Physical Basketball Curriculum under the New Situation

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Abstract

The national ideological and political conference of colleges and universities proposed that no matter what kind of curriculum, it must go in the same direction as the ideological and political theory course. Physical education is a compulsory course, in which the basketball course excavates the ideological and political elements of the course in the theoretical knowledge, basic techniques and tactics, practical teaching competitions and expanding the basketball teaching knowledge, integrates, embeds and infiltrates the ideological and political elements of the course in the basketball classroom teaching, and realizes the organic integration of physical education knowledge, sports technology and political thought.

Keywords

Curriculum thought and politics; Basketball course; Route.

1. Introduction

Xi Jinping pointed out that to run socialist universities with Chinese characteristics well, we should adhere to moral cultivation and cultivate talents, and integrate the cultivation and practice of socialist core values into the whole process of education and education [1]. The Ministry of Education issued notice no. 3 (2020) on the Guiding Outline of Ideological and Political Construction of Curriculum in Colleges and Universities, integrating the concept of "ideological and political Construction of curriculum" into the curriculum of colleges and universities. Physical education is a compulsory course in the curriculum system of colleges and universities. It focuses on the overall development of students, strengthens people's physique through physical exercise, and promotes social development and civilization progress through social practice. Sportsmanship refers to the valuable style of thinking and consciousness which enlightens and influences people's development in sports. Colleges and universities sports curriculum depth excavation course of the original ideological elements, combined with regional characteristics, school educational philosophy, break the traditional sports teaching only pay attention to the concept of sports skills and physical quality education, ideological education and physical education "isolated" mode of independence, the education idea completely khalid ents to carry out to the whole sports teaching in colleges and universities, It is one of the important tasks for Chinese colleges and universities to implement the party's educational policy in the new era.

2. The Importance of Integrating the Concept of "Curriculum Ideology and Politics" Into College Basketball Course Teaching

Physical education in colleges and universities not only improves students' physical quality, learning sports knowledge and skills, and cultivating students' lifelong sports consciousness, but also cultivates students' sports spirit, tough will quality, patriotism and social responsibility.

The basketball course is popular among students. Basketball has the characteristics of antagonism, collectivity, appreciation and interest. It is an indispensable public basic course in college physical education curriculum. Dig out the original ideological and political elements of basketball course, give full play to the unique educational function of sports, combine with the psychological characteristics of students, in the teaching of basketball class, while learning basketball knowledge, Can imperceptively let students have patriotic feelings, have a sense of responsibility, have a strong will quality, have a sense of mutual cooperation, abide by the rules and regulations, self-discipline, self-confidence, selfless dedication and other excellent qualities, for the cultivation of students sound personality and all-round development of talent to lay the foundation. With "professional knowledge, education", forming a "ideological line", to form multiple ideological line ", the final integration into a political education face ", the new professional curriculum and teaching plan, the development course of the original ideological resources, continuous innovation and improvement of curriculum design and curriculum evaluation system, improving physical education teachers ideological education ability, To construct a curriculum system with professional technology as the carrier and ideological and political education, to reconstruct the curriculum knowledge module, and to lay a foundation for cultivating high-quality talents with sound personality and all-round development [2]

3. Explore the Ideological and Political Elements in College Sports Basketball Courses

3.1. Explore Ideological and Political Elements from the Theoretical Knowledge of Basketball Courses

College basketball courses are mainly practice courses, so that students can master the origin and development of basketball, basketball sports characteristics, basketball competition rules and basketball referee. Most college physical education courses are optional courses, and basketball is a compulsory course for freshmen and sopers. Each semester has 32 to 36 class hours. Students can freely choose class time and teachers according to their own interests. This paper explores the ideological and political elements such as values, scientific views, philosophy, thoughts and emotions of basketball knowledge from basketball theory. In the process of basketball teaching, teachers are the organizers and leaders [3]. For example, the origin of basketball, in 1891, The American James. Naismith, from basketball games to court facilities continued to improve, spread throughout the United States. Today, there are many ideological and political elements in the theoretical knowledge of China professional Basketball League, China's hosting of the Basketball World Cup and the development of China's small basketball games, such as patriotism, humanistic quality, abiding by rules, social responsibility, indomitable spirit of struggle and mutual cooperation. It is necessary for college physical education teachers to expand their theoretical knowledge, design the teaching process of integrating teaching contents with ideological and political elements, and achieve the goal of educating students with ideological and political elements.

3.2. Explore the Ideological and Political Elements from the Technical and Tactical Teaching of Basketball Courses

In the practice teaching of basketball skills and tactics, in order to achieve skilled technical movements, students should first have clear action images in the brain, and then the brain dominates the body to participate in the movements. After repeated practice, correct movements are finally achieved. In this process, technical movements should conform to basketball rules, for example, walking in basketball rules, students must make clear the concept of central foot in practice, and scientific and normative in training. In the technical and tactical learning, students need to carefully observe, thinking understanding, careful imitation,

repeated practice, continuous improvement, reasonable use, in the complex actual combat to complete the technical and tactical movements, especially in the tactical changes according to the other team changes, is a complex learning process. Students are required to have strong will, sense of responsibility, mutual trust and mutual cooperation. Under the rules of basketball, students should have a deep understanding of theoretical knowledge so as to better master the basic tactics of basketball. In this process, students' personal qualities and the cultivation of philosophical thinking can be constantly improved.

3.3. Dig the Ideological and Political Elements from the Actual Combat of Basketball Courses

The actual basketball game is the most popular teaching content among college students and the carrier of ideological and political elements. In the actual basketball teaching competition, it can fully reflect the students' personality characteristics, skills and tactics and the application of basketball theory knowledge. In basketball games, students can cultivate teamwork, obey the tactics arranged by the coach, dare to assume personal responsibility and team responsibility, indomitable spirit of struggle, abide by the rules, respect the referee and team members and exercise students' innovation ability, organization and coordination ability and interpersonal communication ability. Train students' family and country feelings, moral accomplishment, innovative thinking and other all-round education function. Give full play to the role of example leading and demonstration, stimulate the spirit of collectivism and team spirit of college students.

3.4. Expand the Teaching of Basketball Courses and Explore the Ideological and Political Elements

In the basketball curriculum system, teachers can expand their appreciation of basketball games through online teaching. In the process of appreciating basketball games, they can explore ideological and political elements from different perspectives, which are closely connected with teaching. For example, the star effect means that players take on the responsibilities entrusted by the country and society on the field, and at the same time, they set their own goals and improve their sports skills through unremitting efforts and painstaking training. Yao Ming in the last game of his career under the severe pain of a foot injury, won the game, but also bid farewell to the NBA arena, showing the unyielding, indomitable will quality. Do students with such quality still worry about study and life? Are you afraid to take responsibility? Can you still be addicted to games without a purpose in life? Teachers should constantly collect and expand teaching materials integrating ideological and political education elements, guide students to pursue correct values, and apply them to sports activities and teaching. Depth excavation sports source contains the basic task of ideological and political education resources, such as saline water, the same as the dominant education and recessive education unifies to promoting the construction of curriculum education peers to improve the construction of talent cultivating higher talent cultivation system have important meaning, to the classroom to the quality of ideological and political system, class and ideological level.

4. Examples of Integrating the Concept of "Curriculum Ideology and Politics" Into College PHYSICAL Education Courses

4.1. Bring Into Play the Ideological and Political Elements of Integrated Courses in the Teaching of Sports Basketball Courses

Integrated teaching method is a teaching method in which teachers integrate their own educational intentions into specific situations and achieve students' active cognition of environmental and social knowledge through active or passive interaction between teachers

and students through language as the carrier. The educational function and value leading role of basketball courses are integrated into the training program [4]. Teaching steps: First open (create specific environment design, make the students' awareness of initiation of independent interest and positive emotional needs) - into (the education goal in the teaching process, causes the student to realize the relationship of natural science and social science and self, to produce active power), create (independent thinking ability and the ability to adapt to society) requires teachers to have professional judgment ability, Feel the students' functional response, behavioral performance, emotional needs and thinking mode, study their own skills and methods.

The first class example: according to the undergraduate training program and the formulation of the teaching syllabus, students are required to master the basic theoretical knowledge of basketball. With the organic combination of "online + offline", the teaching process is designed. Before class, the origin of basketball is posted online with short story videos, the origin of basketball, development, characteristics, wonderful replay of NBA games, so that students have a preliminary understanding.

Class: first, with "basket" game (the game method: the whole class is divided into equal Numbers of the two teams, each team of three people round into a circle, as the activities of the basket, inside his own half can be arbitrary mobile, game circle jump ball to start, the two sides into the attack and defence, attack one party tried to put the ball into the basket, within the prescribed time, made many team to win. Rules :(1) students who make the hoop must not let go or shrink into a ball. It must be round. (2) Other rules of basketball competition. First let the students experience the charm of basketball, stimulate the students' enthusiasm for learning, group discussion basketball spirit and basketball culture to bring us what enlightenment? Secondly, let the students analyze the problems in the game, and summarize the good qualities of following the rules of the game, teamwork, responsibility and fighting spirit, and the desire to learn basketball skills and tactics. Thirdly, through games, students can realize that learning practical skills is inseparable from theory. Under the guidance of theory, students can only study hard and keep improving to win games and competitions, and recognize the excellent quality and personality charm of outstanding figures in the history of basketball development. Finally, through the game, stimulates the student to offer innovative consciousness, the next class to change the rules of the game under the constraints of the rules of basketball, encouraging students to practice much more focused in class, after mastering skills can organize the campus and community basketball game, basketball game for the basketball tournament to do service work, to strengthen the students to realize self value, social service spirit and service consciousness.

4.2. Give Play to Embedded Ideological and Political Elements in Sports Basketball Course Teaching

Embedded teaching uses structural embeddedness, bidirectional embeddedness, cognitive embeddedness and other embeddedness types to interembed practical ability and theoretical knowledge [5]. Using digital, network and diversified curriculum ideological and political elements embedded in teaching to serve the organization of teaching process, to enhance students' learning motivation and interest, to achieve the mastery of sports skills and the unity of education.

Fifth class example: Learn to hold the ball in place cross step breakthrough (action essentials: with the right foot as the center foot from the defender's left breakthrough as an example. Breakthrough, the left foot to the left half a step ahead, the defender to myself at the same time, on the left of the inside of the foot ball ground quickly, a major step to the right in front, the upper slightly turn right, left shoulder press forward, center of gravity to right to move, to push the ball to the right, push the ball with the right hand to his left foot on the right side of the front,

then the right pedal to accelerate beyond rivals.) In the teaching process, what is the central foot before learning the basic technical movements? In the acceleration of the moment must be the first dribble after the central foot movement, otherwise it is a walking violation, must follow the rules of basketball. Allow students to comprehend profoundly, basketball technology should follow rules of basketball, learning to do anything to have the consciousness of legal system, social responsibility and the humanities accomplishment, course ideological elements everywhere, is not a simple addition, but sports practice courses and ideological elements embedded in each other, enhance students' ideological and political level and the humanities.

4.3. Bring Into Full Play the Ideological and Political Elements in Sports Basketball Course Teaching

Infiltration teaching integrates course ideological and political elements with subject learning, uses course ideological and political elements to teach subject knowledge, and designs teaching activities in combination with teaching content [6].

The fourteenth class example: learn basketball refereeing (students are divided into four groups, two groups of basketball matches, one group of record table and one group of on-the-spot refereeing, and rotate between groups). The theory of basketball refereeing has been explained to students online. Each group is organized by the team leader, giving full play to the sense of responsibility of each student. The participating team members give full play to their strengths, carefully arrange their skills and tactics, exert their individual and team effects, cooperate with each other and fight against each other, which fully embodies the feelings of family and country and moral cultivation. The physical confrontation in basketball matches is fierce, which is also the characteristic of the basketball project. Students should follow the rules of basketball matches, use their bodies reasonably, calmly deal with and not have impulsive behavior when there is foul collision, and fully reflect the humanistic quality of college students. Referee group conscientiously implement the referee rules, you can't judge, with a private feelings in the basketball match, the referee is the rule of the judge must perform basketball referee, cultivate the students' legal consciousness and ability to execute judgment, extended to the ideological and moral education and law concept, depth excavation course of the original ideological elements, runs throughout the teaching. After the actual combat, let the students summarize the actual combat experience and experience, take its essence to its dregs.

5. The Optimization Path of Integrating the Idea of "Curriculum Ideology and Politics" Into College PHYSICAL Education Curriculum

5.1. Improve Physical Education Teachers' Ability of Ideological and Political Education

First of all, the physical education teachers in colleges and universities to make a shift in thinking, seriously study and grasp the important discourse of xi jinping, general secretary of education and national education conference spirit, the ideological and political education course personnel training system, comprehensively promote the construction of PE education, good physical education curriculum should play the role of education, improve the overall quality of talent training quality in colleges and universities. Secondly, combined with the characteristics of college physical education curriculum and training target system, the depth of the original ideological and political elements of basketball curriculum. First refined and then condensed the course ideological and political elements and basketball classroom practice of teaching integration, improve the humanistic quality of college students. Finally, learn the course education face to face "complete reading education, such as salt in water to explore collaborative education education strategy, strengthen the training of sports teacher education theory, sports teachers and education exchange seminars, build stuff or the similar teaching

team, gradually establish and perfect the ideological elements repository, Physical education teachers in colleges and universities education into classroom teaching design ability, professional knowledge and ideological education moment keeps consistent, the quality and cultivate students will practice the socialist core values into the whole process of sports teaching, make basketball course in colleges and universities to carry out the important carrier of khalid ents basic task, continuously improve the quality of the course.

5.2. We Should Deeply Realize That the Important Carrier of Curriculum Ideology and Politics Is Curriculum Textbooks

What exactly is the course material? First, it is an important carrier for universities to carry out the fundamental task of moral education. Secondly, it is an important carrier for the university curriculum team to realize the integrated design of curriculum ideology and politics, textbook ideology and politics and Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era into textbooks, classrooms and minds. Thirdly, it is an important carrier for the integrated design and innovation of curriculum and teaching material content in colleges and universities with Chinese characteristics in the new era. Course design, explore curriculum education, education teaching materials and teaching material of xi jinping, the thought of socialism with Chinese characteristics into the new era, integration into the classroom, into the mind of an organic whole, concise curriculum ideological elements, is focused on the ideological elements, the selection of curriculum knowledge, building knowledge system integration design, the depth of fusion, avoiding the phenomenon of "two pieces of skin"; Finally, through course thinking and politics, the integrated design of course and teaching material, the integrated design of online and offline teaching material content should be realized, and the curriculum teaching material system of colleges and universities with Chinese characteristics in the new era should be created.

5.3. The School Creates Demonstration Classes and Encourages Demonstration Teams

College education courses, teachers play the cutting edge exemplary role play to its advantages, education teachers have a solid basic skills and theoretical knowledge, give full play to the advantage of, can be combined with the motto of our school, the school educational philosophy and combine the characteristics of the students and the actual situation, refined "theory to practice, theory and practice of curriculum, the combination of physical education teachers in colleges and universities to explore in the mining, Smelt before refining. The courses are divided into public courses, practical courses and specialized courses, with ideological and political teachers providing theoretical guidance, forming team effect and creating demonstration courses. Overall design, pilot first, point with area, gradually open, not one size fits all, first select a group of influential benchmark courses, encourage teachers to be bold and innovative.

6. Conclusion

Under the new situation, the concept of "curriculum ideological and political" has been integrated into the college sports basketball course, and some teaching examples have gained good response, but in the implementation process, there are also some obstruction and inconvenience. So, also need to constantly improve of college PE teachers' course education "elements of digging and course of organic integration, and actively change sports teaching ideas, continuously review and innovation, on the premise of teaching purpose, constantly improve the teaching means and methods, design using a collection of offline and online teaching, give full play to basketball course the original ideological elements, combined with the characteristics of students, Form a systematic teaching concept, constantly improve the

quality of basketball class, promote the effect of "curriculum ideological and political" concept into basketball curriculum.

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